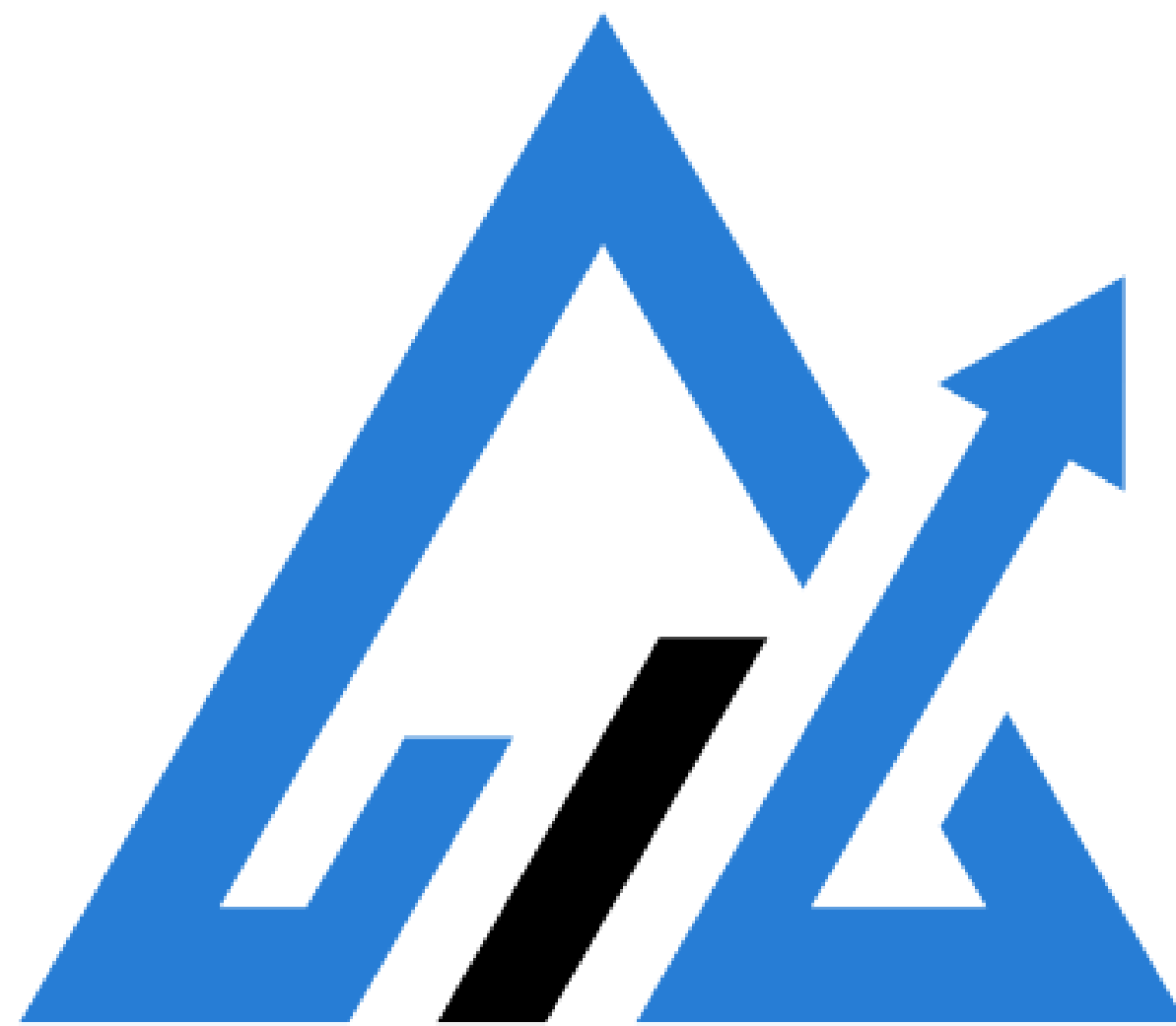


Shake The Tree

How Taking Bold Action Helps to Navigate Change

EDCC
Grand Junction, CO



PEAK CEO



Shake the Tree



THAT'S ME



GROUP EXERCISE:



**This exercise embodies the qualities
change agents need.**

One Word at a Time Story

INSTRUCTIONS:

- Get in small group**
- Form a circle**
- Tell a story one word at a time**
- Each person contributes, and it moves to the next person in the circle**
- Go around the circle a few times**
- The title of the story is.....**



Skills Used:

active listening

collaboration

teamwork

adaptability

accepting gifts

contributing to ideas

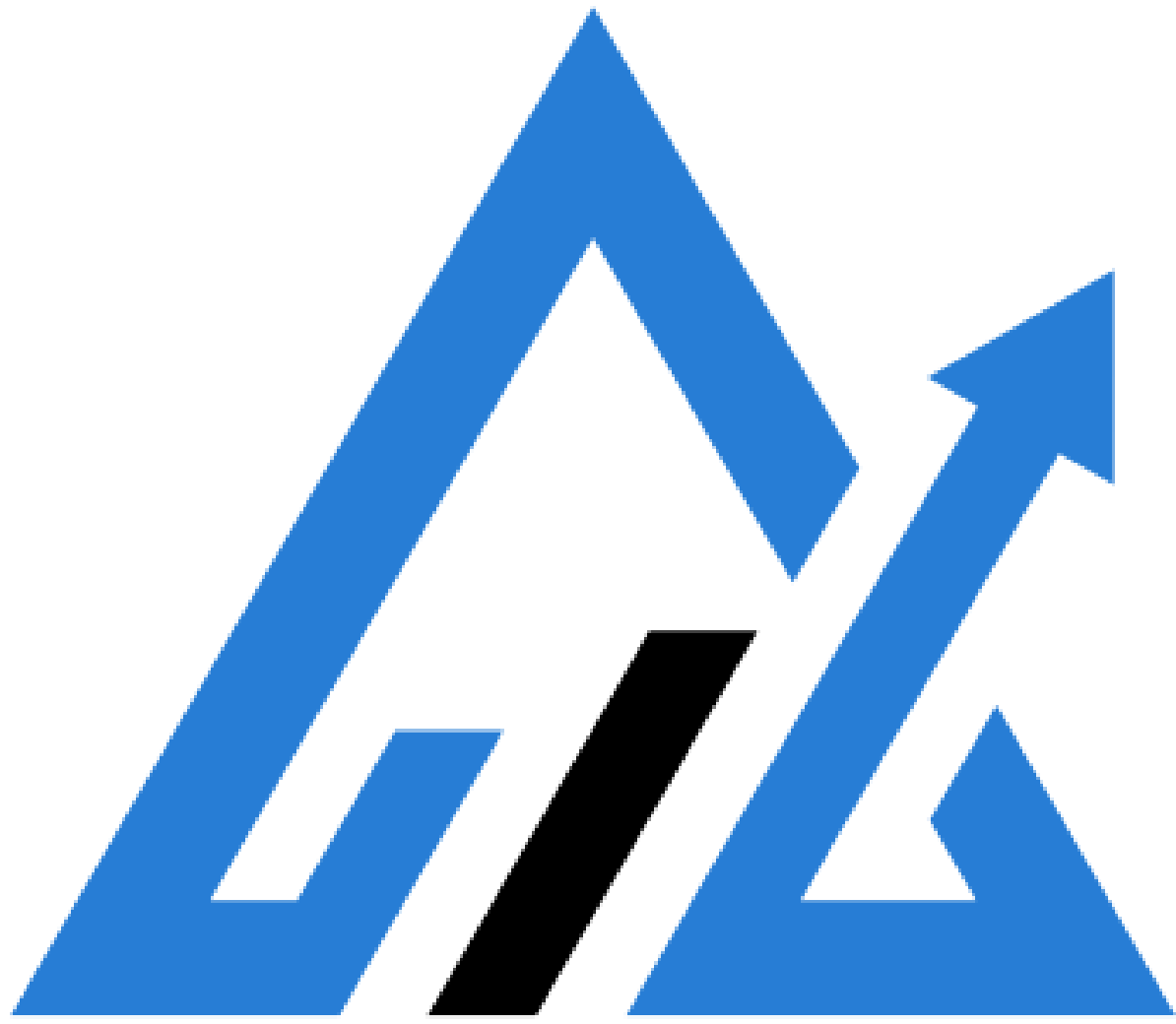
building rapport

not controlling the conversation

being in the moment

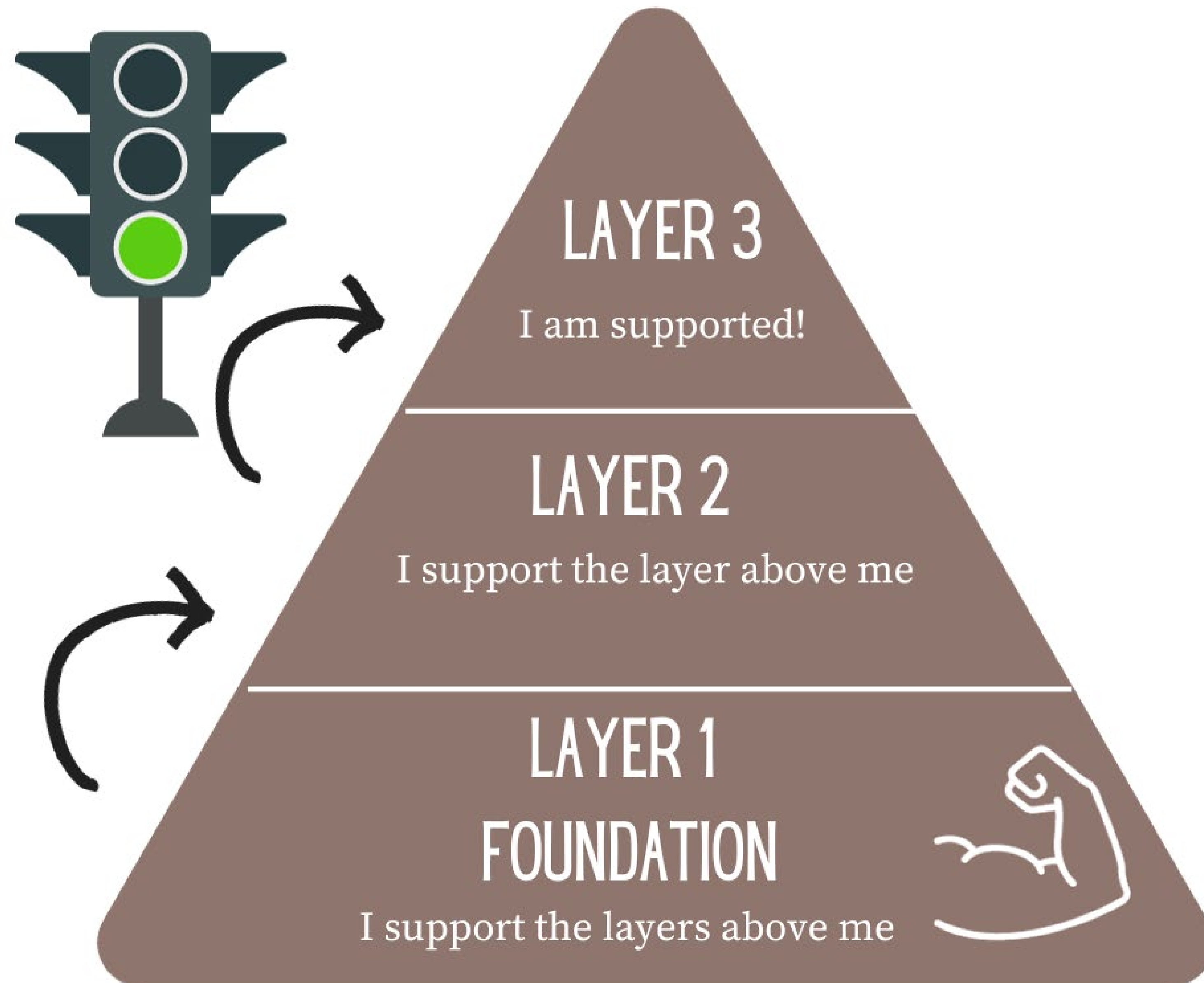
THE BENEFITS OF PRACTICING THESE SKILLS:

- **Challenge your thinking**
- **Embrace imperfection**
- **Diversity in perspectives**
- **Navigate uncertainty**
 - **Creativity**
 - **Empowerment**
- **Ability to take bold action**

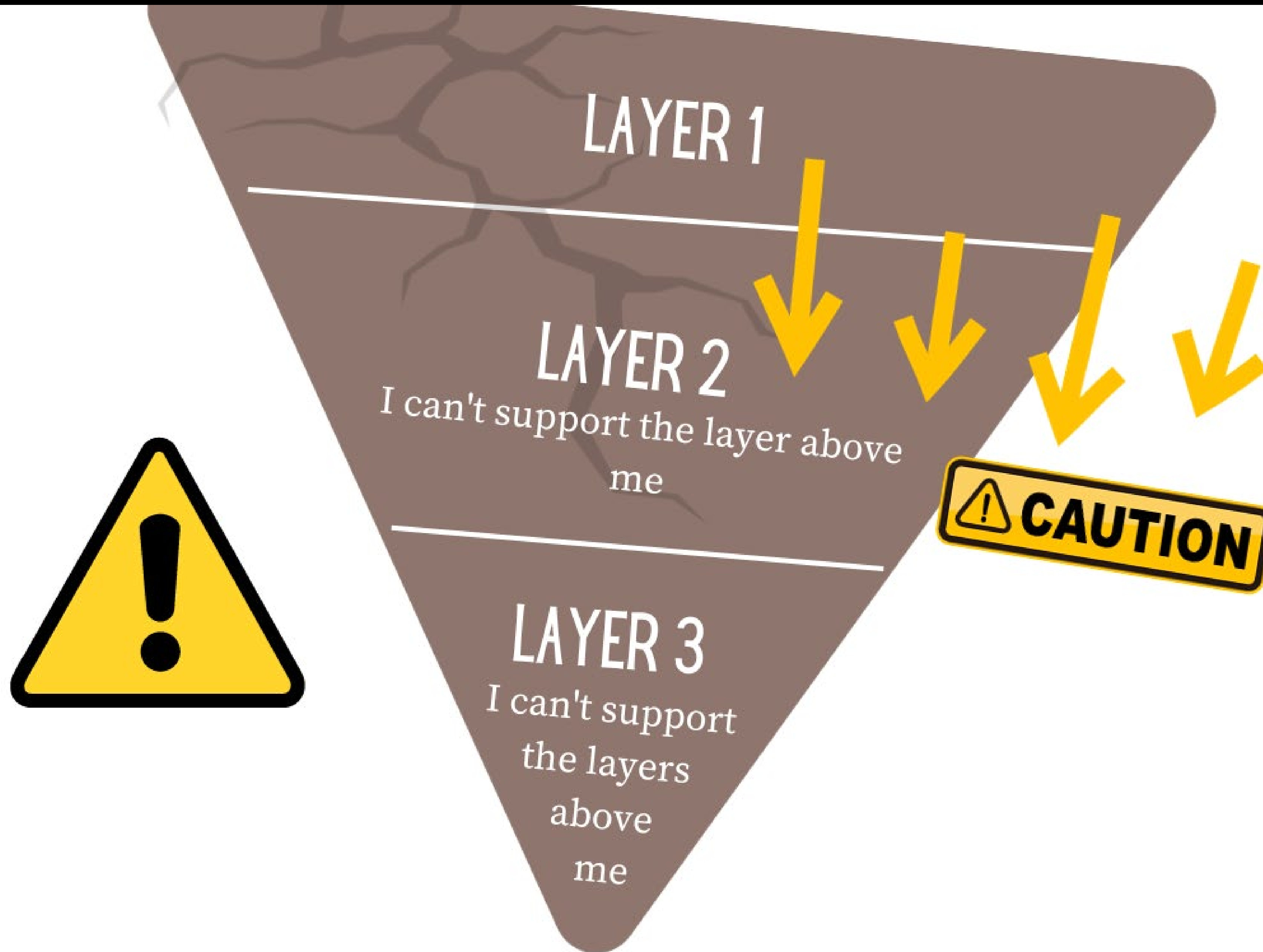


PEAK CEO

Strong Foundation



Weak Foundation





Shake the Tree

Shake the Tree

Shake the Tree

Shake the Tree

Shake the Tree

Melissa Glick
Founder
Peak CEO

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